

NAIL CARE SERVICES

QUICK MANICURE (20 MIN.)

Cuticles treated and nails filed and shaped. Finish with buffing or your choice of polish color.

QUICK PEDICURE (30 MIN.)

Enjoy a foot soak in the pedicure whirlpool, receive cuticle treatment and expert nail shaping, and finishing with your choice of buffing or polish.

SPA MANICURE (30 MIN.)

Classic exfoliation and lavish hand soak, expert nail shaping, cuticle treatment, hand massage and buffing or polish. Leaves hands meticulously manicured and totally relaxed.

SPA PEDICURE (60 MIN.)

Soothe your legs in our pedicure whirlpool along with a sugar polish exfoliation to the knees, hydrating masque application, expert nail shaping, cuticle treatment, foot massage and polish application.

SPA MANICURE AND PEDICURE (90 MIN.)

Classic spa combination that will relax and help you look your best.

SPORTS PEDICURE, POLISH CHANGE

Similar to the Quick Pedicure without the massage or nail polish.

PARAFFIN TREATMENT (15 MIN.)

OUR SUGGESTIONS

UPON ARRIVAL

Please arrive at least 10 minutes prior to your scheduled appointment. Please be advised your treatment will end on time so the next guest is not inconvenienced.

WRAP TREATMENTS

Avoid shaving before a wrap treatment to prevent irritation.

STAY HYDRATED

Drink plenty of water before and after any spa treatment.

QUIET ZONE

To ensure a relaxing experience, we ask that you turn off your cell phone ringers and pagers before entering NorthPointe Spa.

NO TIPS

We ask that you do not tip our staff.

SPECIAL REQUESTS

Feel free at any time to let us know of any needs or requests you might have.

FREE CHILDCARE

Free childcare is provided for up to two hours during all spa services when NorthPointe Wellness' Fit 'n Fun is open.

DERMATOLOGY SERVICES

Laser Hair Removal, Botox Injections, Restylane Injections are available. Call 815-525-4070 to schedule a consultation.

ASK ABOUT OUR ADD-ON SERVICES



CANCELLATION POLICY

Please understand that when you forget or cancel your appointment without giving enough notice, we miss the opportunity to fill that appointment time, and clients on our waiting list miss the opportunity to receive services. Our appointments are confirmed 48 hours in advance because we know how easy it is to forget an appointment you booked months ago. Since the services are reserved for you personally, a cancellation fee will apply.

GIFT CARDS ARE AVAILABLE FOR PURCHASE

INDULGE YOUR SENSES

MASSAGE
MANICURES AND PEDICURES
BODY WRAPS AND SALT GLOW
WHIRLPOOL, SAUNA AND STEAM
FACIALS AND MICRODERMABRASION
WAXING



FOR APPOINTMENTS

PHONE: 815-525-4300

HOURS: Mon.-Thurs. 7:00 am-9:00 pm

Fri. 7:00 am-4:30 pm

Sat. & Sun. 8:00 am-3:00 pm



5605 E. Rockton Rd., Roscoe, IL
NorthPointeHealth.org

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MASSAGE THERAPY

NORTHPOINTE SIGNATURE MASSAGE (75 MIN.)

Full body massage including warm Sedona mud application to the upper back, personalized aromatherapy and foot scrub followed by peppermint cream to soften and stimulate your feet.

DEEP TISSUE MASSAGE (30/60 MIN.)

For those needing special attention to chronic problem areas in specific muscle groups.

THERAPEUTIC MASSAGE (30/45/60/90 MIN.)

Using various techniques, our therapist will customize a massage treatment according to your particular needs.

AROMATHERAPY MASSAGE (60 MIN.)

Customized therapeutic massage with cooling herbal eye pads and warm oil scented with your choice of essential oils. Creating a nurturing experience for you.

HOT STONE MASSAGE (70 MIN.)

Deeply grounding massage combining traditional massage therapy with warm river rocks providing a deeper state of relaxation. The soothing energy of the warmth will leave you stress free.

REFLEXOLOGY MASSAGE (30/60 MIN.)

Experience total body rejuvenation through gentle kneading applied to specific pressure points on the hands or feet.

EXPECTANT MOTHER MASSAGE (30/60 MIN.)

Gentle treatment stimulates circulation, improves elasticity and eases lower back pain and water retention. Indulge, with your Doctor's approval.

KANSA VATKI FOOT MASSAGE (30 MIN.)

An Ayurvedic tradition practiced in India for centuries focusing on your life energies.

CHAMPISSAGE™ (30 MIN.)

Practiced for over 1000 years, this ancient ayurvedic massage of the scalp, neck and shoulders provides relief from headaches, eyestrain and insomnia, and promotes peace and tranquility while balancing your energy flow.

CHAIR MASSAGE (15 MIN.)

RAINDROP TECHNIQUE (60 MIN.)

Sequence of nine therapeutic grade essential oils applied along the reflex points of the feet that correspond to the spine and "dropped" along the spine and worked into the skin to stimulate every organ, muscle and bone of the body at a cellular level; boosting the immune system and enabling the release of toxins.

SPECIALTY TREATMENTS

REIKI (30/60 MIN.)

A gentle technique for stress reduction that promotes deep relaxation and calmness. The acceleration of the bodies healing process is done by using "white light energy". It is administered by placing hands on different areas of the body. Reiki helps to get the flow of energy going again. It helps reduce pain, anxiety and stress.

CRANIAL SACRAL THERAPY (30/60 MIN.)

Light touch approach that releases tension deep in the body, working with the soft tissue of your brain and spinal cord to reduce stress on the central nervous system. Eliminates pain and stress, strengthens resistance to disease and enhances your health and well being. Effective for all ages.

SEVA ACUPRESSURE (20 MIN.)

A series of acupressure points in a particular sequence that is designed specifically to ease the human stress response and support overall well-being.

CUPPING THERAPY

Cupping Therapy can be used to move stagnation, relieve inflammation and drain/move fluids. Massage Cupping bodywork is also used to lift and stretch soft tissue (muscle, fascia/connective tissue and attachments), separate tissue layers, release and soften scar tissue and increase hydration of tissues.

Facial Cupping eliminates build-up of wastes and fluids in the face and neck, smoothing out the skin and helping to drain the sinuses. This action is cumulative, a series of 1-2 treatments per week with a full series of 8-10 in a month. Afterwards once a month for maintenance.

Magnetic Micro Cupping for pain management and injury. Body tissues respond magnetic therapy including bone and nerve tissue. the magnetic are used to change the charge of injured tissue from positive to negative, this allows the tissue to enter the healing phase.



SPECIALTY TREATMENTS CONT.

VIBRATIONAL SOUND THERAPY (30/60 MIN.)

This therapy combines powerful vibration and ambient tones to induce an immediate relaxed state. While in this relaxed state, the body is then able to heal itself. The therapeutic bowls are placed at specific points and rung with a gentle strike.

FACIALS

NORTHPOINTE SIGNATURE FACIAL (60 MIN.)

Customized facial that includes a deep pore cleansing, exfoliation and massage of the shoulders. This is followed by a mask and serum designed for problem areas.

PUMICE PEEL FACIAL (60 MIN.)

Ultra-fine pumice crystals peel away dull skin cells, reducing the appearance of fine lines and wrinkles. It includes a customized mask that results in improved clarity and brighter skin with a more even tone.

DOUBLE SURFACE PEELING TREATMENT (60 MIN.)

Uses extra strength exfoliation to peel away dulling skin cells, minimizing the appearance of pores and refining the skin. It will leave your skin smooth and glowing.

ANTI-AGING FACIAL (60 MIN.)

Treatment for skin showing signs of age, from sagging and fine lines to dullness. Designed to restore firmness as it lifts, tightens and smoothes the skin.

BACK FACIAL (60 MIN.)

Rid skin of imperfections to expose a softer sleeker back. This nourishing treatment deeply cleanses pores, exfoliates, and rids the skin of impurities with a clarifying mask.

EXPRESS FACIAL (30 MIN.)

For the individual on the go, enjoy all the quality benefits of our Signature Facial in half the time.

BODY TREATMENTS

SALT GLOW (45 MIN.)

Benefits your skin by exfoliating and removing old skin cells, leaving you with smooth, hydrated skin.

MOOR MUD WRAP (70 MIN.)

Canadian moor mud that is known for its healing properties of reducing inflammation, increasing blood flow while rebalancing the body.

SEAWEED INFUSION WRAP (70 MIN.)

Detoxifying and stimulating. Our French clay based seaweed contains amino acids and vitamins to help rejuvenate the skin while eliminating toxins.

ESTHETIC TREATMENTS

MICRODERMABRASION (30 MIN.)

Our estheticians will use the latest microdermabrasion technology to minimize wrinkles, sun damage and acne.

LED LIGHT THERAPY

Enhance microdermabrasion or as a stand alone treatment. Red light stimulates collagen and elastic production for rejuvenation, blue light treats antibacterial acne.

WAXING SERVICES

Face, chin, brow, lip, cheek, underarms, half arms, full arms, half legs, full legs.

